



## MÉTIS COMMUNITY SERVICES SOCIETY OF BC

147 Park Road Kelowna, BC V1X 3E3

Phone: 250 868-0351 Fax: 250 868-0359

Website: [www.mcsbc.org](http://www.mcsbc.org)

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*Metis Community Services is a non-profit Society that is recognized and empowered by the Metis citizens of the Central Okanagan to provide holistic services that ensure the health and well being of the Metis Community!*

### **Traditional Cultural Wellness Worker**

#### **Part Time Permanent Position**

#### **Position Summary:**

The Traditional Cultural Wellness Worker coordinates and supports cultural knowledge transfer. This position is responsible for providing traditional teachings, healing, and ceremonies to meet the needs of the community counselling program as an integrated traditional cultural wellness program in partnership with the Mental Health and Substance Use Counsellor. The Traditional Cultural Wellness Worker will also promote cultural awareness, guiding and engaging other agencies and organizations in providing integrated, holistic, wrap around services for those we serve.

#### **Primary Responsibilities:**

- Provide traditional cultural teachings, healing and ceremony supports and services directly to clients identified by and/or referred by the Mental Health and Substance use Counsellor.
- Provide traditional healing and support services to those families and/or individuals identified through existing programs as part of integrated wrap around service provision.
- Establish, coordinate, and facilitate Red Road Wellbriety Group meetings in accordance with Wellbriety Movement guidelines and teachings.
- Provide guidance and support for use of Wellbriety Study Guide, Workbook and other resources to clients, identified by and/or referred by the Mental Health and Substance Use Counsellor.
- Create a path for others to follow for the integration of traditional healing practices into developing a traditional wellness strategy.
- Provide support and knowledge of traditional wellness to the Metis Community in the development and implementation of new program ideas and projects such as healing programs that may include knowledge from local Elders in traditional healing medicines.
- Work in collaboration with the Metis Health and Wellness Worker in nourishing and maintaining and advisory group comprised of local knowledge keepers for traditional healing and wellness.
- Working in collaboration with the Cultural Director and wrap-around team in discovering and providing insights into the Metis traditional knowledge, cultural teachings and traditional ways of the Metis people.

- Support, participate, and ensure the Wellbriety program is running in-house in partnership with the Mental Health and Addictions Therapist. Here you would provide meals, prayer songs, drumming and smudging.
- Support and participate in the Family Care Plan when required from the wrap-around team in responding to child protection intervention with the Ministry for Child and Family Development including traditional wellness service in times of crisis.
- Receive in-house referrals from MCSBC and provide a holistic approach to support their cultural well-being.
- Maintain files on subjects, projects, groups or families you are working with, providing documentation of plans and progress in collaboration with the Mental Health and Wellness Therapist.
- Report directly to the Executive Director.

**Secondary Responsibilities:**

- Contribute to harmonious team environment within the organization.
- Attend meetings as assigned within and outside the organization.
- Be familiar with relative resources in the community.
- Understand and be fluent in the Metis culture, principals, and values.
- Liaise with other organizations for positive relationships with MCSBC.

**Education and Skills Required:**

- A minimum of two years experience related to addictions support.
- A minimum of five years in the personal practise of traditional healing and the application of cultural health and wellness.
- Proficient communication skills, both verbal and written
- Demonstrated ability to facilitate presentations and workshops.
- Must have excellent organizational and time management skills.
- Must possess a valid Drivers License.